

Sport & Exercise Nutrition (SES3006M)

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@book{Austin_Seebohar_2011, address={Leeds}, title={Performance nutrition: applying the science of nutrient timing},

url={<https://www.vlebooks.com/vleweb/product/openreader?id=UniLincoln&isbn=9781450403986>}, publisher={Human Kinetics}, author={Austin, Krista and Seebohar, Bob}, year={2011} }

@book{Burke_2010, address={New York}, edition={4th ed}, title={Clinical sports nutrition}, publisher={McGraw-Hill Medical}, author={Burke, Louise}, year={2010} }

@book{Campbell_Spano_National Strength & Conditioning Association (U.S.)_2011, address={Champaign, IL}, title={NSCA's guide to sport and exercise nutrition}, volume={Science of strength and conditioning series}, url={<https://www.vlebooks.com/vleweb/product/openreader?id=UniLincoln&isbn=9781450413718>}, publisher={Human Kinetics}, author={Campbell, Bill I. and Spano, Marie A. and National Strength & Conditioning Association (U.S.)}, year={2011} }

@book{Coyle_Burke_Maughan_International Olympic Committee Consensus on Sports Nutrition_2004, address={London}, title={Food, nutrition and sports performance II: The International Olympic Committee Consensus on Sports Nutrition}, publisher={Routledge}, author={Coyle, Edward F. and Burke, Louise and Maughan, Ron J. and International Olympic Committee Consensus on Sports Nutrition}, year={2004} }

@misc{Health Education Authority_1992, address={London}, title={Scientific basis of nutrition education: a synopsis of dietary reference values}, volume={Briefing Paper}, publisher={Health Education Authority}, author={Health Education Authority}, year={1992} }

@book{Houston_2006, address={Champaign, IL}, edition={3rd ed}, title={Biochemistry primer for exercise}, volume={Primers in exercise science}, publisher={Human Kinetics}, author={Houston, Michael E.}, year={2006} }

@article{International Society of Sport Nutrition, address={Champaign - Illinois, USA}, title={International Journal of Sport Nutrition and Exercise Metabolism}, publisher={Human Kinetics Publishers}, author={International Society of Sport Nutrition} }

@book{Jeukendrup_Gleeson_2010, address={Leeds}, edition={2nd ed}, title={Sport nutrition: an introduction to energy production and performance}, publisher={Human Kinetics}, author={Jeukendrup, Asker E. and Gleeson, Michael}, year={2010} }

@book{Kang_2012, address={London}, title={Nutrition and metabolism in sports},

exercise and health},
url={<https://www.vlebooks.com/vleweb/product/openreader?id=UniLincoln&isbn=9780203851913>}, publisher={Routledge}, author={Kang, Jie}, year={2012} }

@book{Manore_Meyer_Thompson_2009, address={Leeds}, edition={2nd ed}, title={Sport nutrition for health and performance}, publisher={Human Kinetics}, author={Manore, Melinda and Meyer, Nanna L. and Thompson, Janice}, year={2009} }

@book{Marino_2008, address={Basel}, title={Thermoregulation and human performance: physiological and biological aspects}, volume={Medicine and sport science}, publisher={Karger}, author={Marino, Frank E.}, year={2008} }

@book{Maughan_Gleeson_2010, address={Oxford}, edition={2nd ed}, title={The biochemical basis of sports performance}, publisher={Oxford University Press}, author={Maughan, Ron J. and Gleeson, Michael}, year={2010} }

@book{McArdle_Katch_Katch_2015, address={Philadelphia, PA}, edition={8th edition, international edition}, title={Exercise physiology: nutrition, energy, and human performance}, publisher={Wolters Kluwer Health}, author={McArdle, William D. and Katch, Frank I. and Katch, Victor L.}, year={2015} }

@article{Nutrition Society, address={Cambridge}, title={British journal of nutrition: an international journal of nutritional science}, publisher={CABI Publishing}, author={Nutrition Society} }

@book{Sauberlich_Skala_Dowdy_1974, title={Laboratory tests for the assessment of nutritional status}, publisher={CRC Pr}, author={Sauberlich, H.E. and Skala, J.H. and Dowdy, R. P.}, year={1974} }

@book{Tiidus_Tuppling_Houston_2012, address={Leeds}, edition={4th ed}, title={Biochemistry primer for exercise science}, publisher={Human Kinetics}, author={Tiidus, Peter M. and Tuppling, A. Russell and Houston, Michael E.}, year={2012} }

@book{Whitehead_Great Britain Department of Health Committee on Medical Aspects of Food Policy_Committee on Medical Aspects of Food Policy_1991, address={London}, title={Dietary reference values for food energy and nutrients for the United Kingdom: report of the Panel on Dietary Reference Values of the Committee on Medical Aspects of Food Policy}, volume={Report on health and social subjects}, publisher={HMSO}, author={Whitehead, R. G. and Great Britain Department of Health Committee on Medical Aspects of Food Policy and Committee on Medical Aspects of Food Policy}, year={1991} }

@book{Williams_Anderson_Rawson_2013, address={New York}, edition={10th ed., International student ed}, title={Nutrition for health, fitness & sport}, publisher={McGraw-Hill}, author={Williams, Melvin H. and Anderson, Dawn E. and Rawson, Eric S.}, year={2013} }

@book{Bagchi_Nair_Sen_2013, address={London}, title={Nutrition and enhanced sports performance: muscle building, endurance, and strength}, publisher={Academic Press}, year={2013} }

@misc{Horizon Information Portal, url={https://library.lincoln.ac.uk} }